

## # 6 Lesson Plan

### Standard Application Ideas

- 1.H- Square Thru 4 - R&LT - Veer Left - Girls Trade - Couples Hinge - Half Tag - Scoot back - Boys Run – LA
- 2.H - Prom  $\frac{1}{2}$  - Pass the Ocean - Extend - Swing thru - Boys Run - Couple Hinge - Center Couples Trade - Girls Trade - Couples Trade - Half Tag - Scoot Back - Boys Run - Pass Thru - Trade By – LA
3. H - Star Thru - Pass Thru - Star Thru - Pass Thru - Tag the Line Face Out - Couples Trade - Pass Thru - Couples Half Trade - Half Tag - Scoot Back - Boys Run - R&LT - Dive Thru - Square Thru 3 - LA - R&LG - On 3<sup>rd</sup> Hand You're Home

## Fancy Invert & Rotate

4.H - Make Left Hand Star to Corner - Swing Thru - Boys Run - Girls Trade – Leaders Reverse Wheel Around - Star Thru (Invert & Rotate Complete) 8 Chain 3 & ½ - Courtesy Turn – Home

## Basic Training on Leaders & Trailers and Using Body Flow for Increased Success

5. H - Half Sashay – Separate Around One – Come Down the Middle & Pass Thru *or just square thru 4* to a (Corner Box) – (Conversion Module) Swing Thru – Girls Circulate – Boys Trade – Boys Run – Bend the Line (End of Conversion Module to Partner Line) - Pass Thru – Wheel & Deal – Leaders (also centers) Wheel Around – Circle to a Line – Pass Thru – Wheel & Deal – Centers (also leaders) Wheel Around – Swing Thru – Turn Thru – LA – Home

6.H – Lead Right – Veer Left – Leaders (those facing out) Reverse Wheel Around – Pass Thru – Wheel & Deal – Center Touch  $\frac{1}{4}$  - Scoot Back – Hinge – Center Girls Trade – Center Boys Run – Center Boys Trade – Centers Boys with the outside Boy Pass Thru – LA – R&LG – Home

7.H – Lead Left – Veer Right - Leaders (those facing out) Wheel Around – Pass Thru Wheel & Deal – Leaders (those facing out of their box or this time also centers) Wheel Around - Swing Thru – R&LG – Home

8. Corner Box – Touch  $\frac{1}{4}$  - Leaders (those facing out of their box, in this case girls) Trade – Pass Thru – Wheel & Deal – Centers Veer Right & Left – Touch  $\frac{1}{4}$  - Leaders (those facing out of their box, in this case girls) – Trade – Pass Thru - Wheel & Deal – Centers Veer Right & Left (corner box) 8 Chain 3 &  $\frac{1}{2}$  - Courtesy Turn-Home

## Extended Application Ideas Featuring the Same Themes as Above.

- 1.H – Left Square Thru – Left Swing Thru – Girls Run – Boys Trade - Couples Left Hinge – Left Half Tag – Left Scoot Back – Girls Run – LA
- 2.H – Prom Half – Left Square Thru 2 – Left Swing Thru – Girls Run – Couples Left Hinge – Center Couples Trade – Boys Trade – Couples Trade – Left Half Tag – Left Scoot Back – Girls Run – Pass Thru – Trade By – LA
- 3.H – Reverse Flutter – R&LT – Lead Left – Left Box the Gnat & Face In – Pass Thru – Tag the Line Face Out – Couple Half Trade Twice – Leaders Reverse Wheel Around – Pass Thru – Couples Half Trade – Half Tag – Scoot Back – Boys Run – Star Thru – Pass the Ocean – Girls Trade – Swing Thru – Balance – Circulate Once and a  $\frac{1}{4}$  & Face In- You're Home

## Fancy Invert & Rotate

4.H - Make Right Hand Star to Corner - Left Swing Thru - Girls Run – Boys Trade – Leaders Wheel Around - Star Thru (Invert & Rotate Complete) 8 Chain 3 & ½ - Courtesy Turn – Home

## Basic Training on Leaders & Trailers and Using Body Flow for Increased Success

5.H - Separate Around One – Come Down the Middle & Turn Thru *or just left square thru 4* to a (Corner Box) – (Conversion Module) Left Swing Thru – Boys Circulate – Girls Trade – Girls Run – Bend the Line (End of Conversion Module to Partner Line) - Pass Thru – Wheel & Deal – Leaders (also centers) Wheel Around – In Reverse Circle to a Line – Pass Thru – Wheel & Deal – Centers Veer Right & Left - Swing Thru – Turn Thru – LA – R&LG – Home

6.H – Lead left – Veer Right – Leaders (those facing out) Wheel Around – Pass Thru – Wheel & Deal – Center Touch ¼ - Scoot Back – Hinge –

Center Girls Trade – Center Boys Run – Center Boys Trade – Centers Boys with the outside Boy do the girls part Slide thru and spread apart – LA – R&LG – Home

7.H – Lead Right – Veer Left - Leaders (those facing out) Reverse Wheel Around – Pass Thru Deal & Wheel – Leaders (those facing out of their box or this time also centers) Reverse Wheel – Left Swing Thru – Do Pa So – Face Corner Pass Thru – Star Thru – Face New Corner Pass Thru Star Thru – Home

8. Corner Box – Left Touch  $\frac{1}{4}$  - Leaders (those facing out of their box, in this case boys) Trade – Pass Thru – Deal & Wheel – Centers Veer Left & Right – Left Touch  $\frac{1}{4}$  - Leaders (those facing out of their box, in this case boys) – Trade – Pass Thru – Deal & Wheel – Centers Veer Left & Right (corner box) *Left 8 Chain 3 &  $\frac{1}{2}$  - Reverse Courtesy Turn – Home or from same Corner Box*  
***LA – Alamo Style – Boys Run Right – Boys Run left – Girls Run Right – Girls Run Left – With a Back Flip and Half Twist – Home.***